

Masterclass

HOW TO PLEASE A WOMAN (PUSSY EATING SKILLS)

1. MODULE 1

Lesson 1.1

Setting the Stage Before Taking Her Clothes Off

“The Tongue is Mightier Than the Sword” Ian Kerner, Ph.D.

Cunnilingus is the one sexual activity that falls victim to the “yes, but” scenario. No man wants to get the infamous tap on the shoulder, noting that it is time to move on to the next sexual activity in the repertoire. According to research, both men and women enjoy this form of sexual expression but seem to lack the skill and expertise to confidently add it to the main menu instead of only being an appetizer. We start with all the little details involved in setting the stage.

Lesson 1.2

Basic & Advanced Anatomy Lesson

In this lesson, I will discuss and name all the female body parts. Understanding external and internal anatomy will significantly advance one’s confidence in cunnilingus.

Lesson 1.3

Understanding Body Language and Vocal Sounds

Ecstasy isn’t just about touch. Waking up the body involves movement, edges of touch, breath work, and sound. Understanding these nonverbals is an integral part of the cunnilingus process.

Lesson 1.4

Basic Oral Skills

Knowing how to warm up the female body using your hands and tongue is the foundation of this lesson. Building sexual tension with subtle movements is the basis of this lesson.

Lesson 1.5

Advance Oral Skills

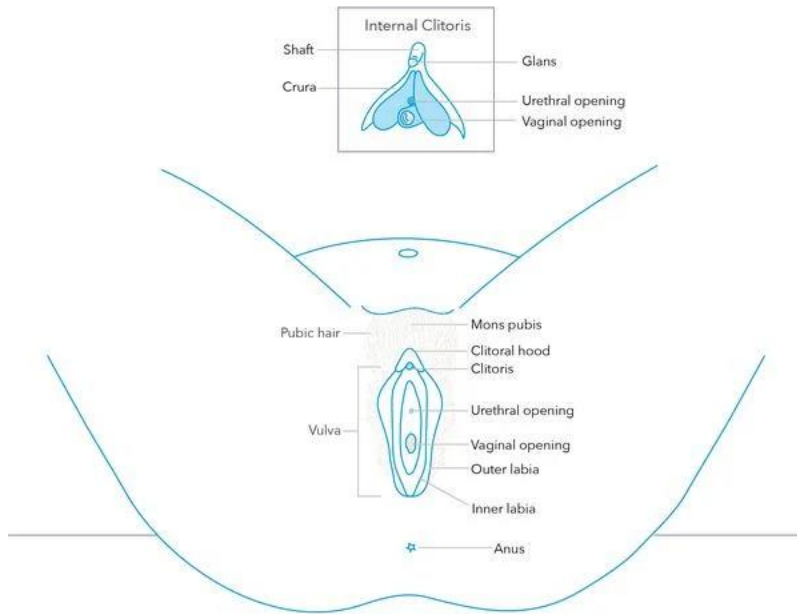
Understanding when to move into more advanced oral skills is not necessarily about climax. Again, pleasure is always the goal of cunnilingus. Previous lessons have built up one's skill level to this point.

Lesson 1.6

Aftercare

Most people associate aftercare with other sexual activity, but knowing how to soothe yourself and your female partner after cunnilingus is a skill few master. In this lesson, you will discover the importance of not skipping this step.

Additional Resources:



Approximate location of the (Grafenberg spot) G spot

